

September 2018 Resources of the Month

UCCCN Website

Medical Home Portal

Dear UCCCN members and interested parties,

Here are your resources of the month:

Brainstorming:

Case #1: from Angie Richins, mental health counseling for parents of kids w complex needs, in northern Utah County

- School district may offer support services for parents through their Family Education Centers
- Refer to their Employee Assistance Programs (EAP)
- Refer to their private insurance program

Service Category Local Support Groups, Disability/Diag

- Online Support for example: Utah About Special Kids (UASK) Facebook group MHP 25277
- <u>Family to Family Network</u> a project of the Utah Parent Center funded by the Division of Services for People with Disabilities <u>MHP 10727</u>
- <u>Utah Family Voices</u> will help find therapist who have experience helping parents who have children with special needs <u>MHP 10171</u>
- Rainbow Kids, a pediatric palliative care program, has a private online group for parents of children involved with their program MHP 21233
- <u>Utah Valley Psychology</u> has support groups <u>MHP 29004</u>

Case #2: from Pat Rowe, a shout out to Utah Center for Assistive Technology. Pat had the mistaken idea they served adults only. A deaf mom, of a 9 mo old with a trach and is ventilator dependent could not hear the alarms of the life support equipment so UCAT quickly developed some technology that would alert her in alternative ways.

Service Category Assistive Technology Equipment

- The <u>Utah Center for Assistive Technology (UCAT)</u> is a statewide resource offering information and technical services to help people with disabilities (and their caretakers) acquire and use assistive technology devices. MHP10780
- <u>Utah Assistive Technology Teams (UATT)</u> Thirty Utah Assistive Technology Teams throughout
 Utah support school LEAs and IEP teams to evaluate, acquire, and manage assistive
 technology for students with disabilities. <u>MHP 24225</u>

Disclaimer: These resources come from our members as part of the meeting brainstorming session; please check with your providers to make sure they are appropriate for your patient/families.

You can find a custom list of these service providers that can be printed, emailed, and more, here: Oct 2018 UCCCN Resources

Presentation: Asthma

- Brittany Guerra, MPH Utah Asthma Program
- Rebecca Ludlam, BS Salt Lake County Health Dept Asthma Program
- Dawn Bentley, RN, BSN Utah Pediatric Partnership to Improve Healthcare Quality (UPIQ)

<u>Utah Asthma Program</u> (Brittany Guerra)

- Asthma Seminar Series---free CE credit for attending live online
- Prescription assistance programs on website for asthma
- 13 hour community health worker training, free, in June
- Resources on website in Spanish and English
 - Patient Education Tools—<u>videos</u> only English on the Utah Health Dept site; Astra Zeneca video is no talking, only visual
 - Fact Sheets English & Spanish
 - Asthma Action Plans
 - <u>Utah Living Well</u>, UDOH health education programs and self-management workshops MHP 29989
 - Additional materials available on request. Include standing asthma information packets with educator talking points (pictured right)

Salt Lake County Health Department Home Visits (Rebecca Ludlum)

- <u>Utah Asthma Home Visiting Program</u> (3 visits, 2 calls, bilingual) helps families of children who have uncontrolled asthma. <u>MHP 21717</u>
- Green and Healthy Homes, Salt Lake County will implement housing strategies for creating healthy, safe, energy efficient homes for low- to moderate-income families. MHP 25172
- Referral process and feedback loop (via the DOH office and clinic)
- Utah County and Salt Lake County have grant funding; working with other sources to expand throughout Utah.
- Community Health Workers training, an option, need funding to maintain

Q&A:

- Claudia Palacios-Gutierrez, ISP, are there bilingual educators? SL County educators are bilingual English-Spanish. Utah County also has a Spanish-speaker who can do visits. Other languages, educators can use phone translation.
- Nikki Brgoch, what are the options for a clinic to get a training? SL County has done one, Brittany (State) also will do one.
- Heather, what if the docs are willing to turn over the education to care coordinators? Brittany
 would be very happy to help.

UPIQ's Asthma Project (Dawn Bentley)

- A virtual learning collaborative--monthly group calls, including DOH, an adult pulmonologist and two other specialists
- PDSA cycle—plan, do, study, act/adjust—from Institute for Healthcare Improvement (IHI)
 Dashboards for PDSA.
- A diverse cohort (Intermountain, U of U clinics, private clinics and some FQHCs).
- Asthma Webinar Series, two more presenters; 3 webinar/calls.
- Two core asthma measures: using a validated tool to assess asthma control, and current asthma action plan on file, or documented informal plan
- Optional measures include flu shot and severity scale for asthma
- Aim to implement sustainable practices

Q&A:

• Heather Castor, do you make the same presentations for team leads? Yes.

Mindy: Air purifiers with a HEPA filter for home use are better and less expensive now.

Resources

- Medical Home Portal <u>Asthma Diagnosis Module</u>
- Medical Home Portal <u>Asthma Diagnosis & Conditions FAQs for Parents and Families</u>
- Asthma Action Plan, Intermountain Healthcare
- Asthma Action Plan, NHLBI
- Self-Administration of Asthma Checklist (English)
- Self-Administration of Asthma Checklist (Spanish)

For additional resources discussed in this presentation, or a copy of the presenter slides, please <u>contact Mindy Tueller</u> directly.

Other:

Our next meeting will be **Wednesday, November 21, 2018** at the SLC (Taylors ville) USU Campus and additional USU extension campuses. Our meeting topic will be Asthma.

Here is our <u>UCCCN YouTube Channel Playlist</u> of archived meeting recordings



Take care,

Mindy

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